

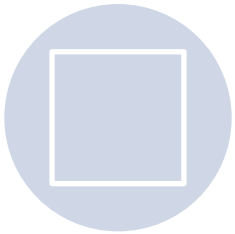
Expanding Student Services

Elementary School Counselors & Creative Arts Therapy

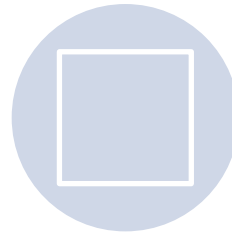
Nassau BOCES Curriculum & Instruction



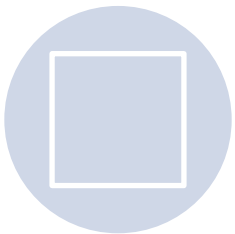
Why These Services Matter



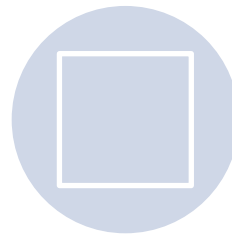
Increasing student anxiety, stress, school avoidance, and emotional regulation needs



Growing demand for preventative and early intervention mental health supports

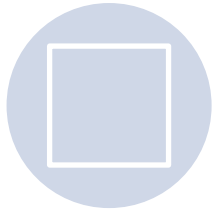


Need for developmentally appropriate Tier 1, Tier 2, and individualized interventions

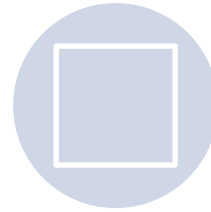


Support for students' social-emotional development, executive functioning, and school connectedness

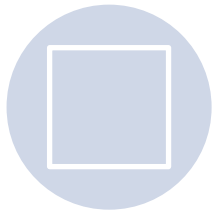
Elementary School Counselors



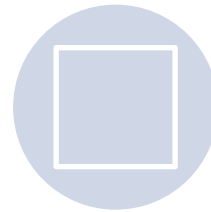
Available through Nassau
BOCES Elementary Counselor
CoSer 360



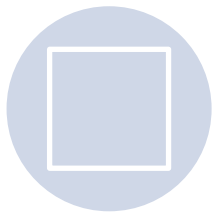
Provide direct counseling,
social-emotional support,
and crisis response



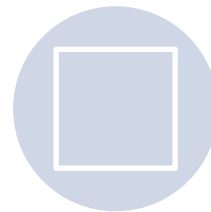
Support classroom lessons,
small groups, and individual
counseling



Assist with behavioral
interventions, peer
relationships, and transition
planning



Collaborate with families,
teachers, and pupil personnel
teams



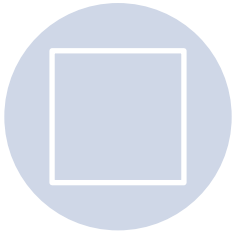
Provide transition planning

Elementary Counselor Service Models

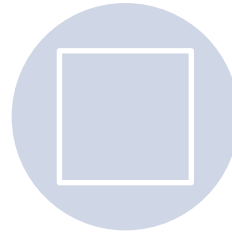
- Itinerant counseling services on .2 FTE basis
- Up to .6 is aid eligible
- Push-in classroom support and SEL instruction
- Small group counseling for anxiety, friendship skills, grief, self-regulation, and coping skills
- Nassau BOCES train counseling staff in evidence based SEL programs and interventions.

2- \$32,062.47 – inclusive of all fees

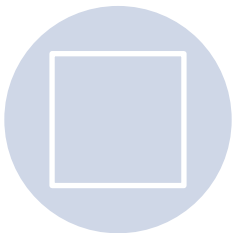
Introducing Creative Arts Therapy



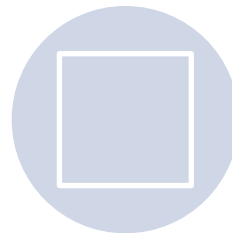
Creative Arts Therapists use art, music, drama, movement, poetry, and creative expression therapeutically



Supports students who may struggle with traditional talk-based counseling



Promotes emotional expression, coping skills, resilience, and self-awareness



Highly effective for students experiencing stress, trauma, anxiety, and social-emotional challenges

Benefits of Creative Arts Therapy in Schools

Improves student engagement and emotional regulation

Supports communication and self-expression

Builds confidence, creativity, and positive coping strategies

Provides inclusive support for diverse learners

Can complement counseling, social work, and special education services

Creative Arts Therapy Service Opportunities

Individual and small group sessions

Classroom-based therapeutic activities

Support for students with anxiety, trauma, behavioral challenges, and school avoidance

Collaboration with counseling and special education teams

Creative Arts Therapists are particularly effective with students who may not respond well to traditional counseling because the therapeutic process feels safer, more engaging, and developmentally appropriate.

2026-2027 MHC Creative Arts Therapist Introduction

- 26-27 part of the MHC membership benefits.
- Look for emails from our staff to schedule Creative Arts Therapist services
- Opportunities to pilot innovative supports before expanding services
- Access to specialized mental health expertise
- Supports student wellness, engagement, and attendance initiatives

Creative Arts Therapist Service Models

- Itinerant therapist services on .2 FTE basis
- Up to .6 is aid eligible
- Small group counseling for anxiety, friendship skills, grief, self-regulation, and coping skills
 - .2- \$24,061.60 – inclusive of all fees

Contact Information

Nassau BOCES Curriculum & Instruction
School Community Partnerships/Guidance &
Counseling Supports

For additional information regarding counseling
and creative arts therapy services

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